My 4-H Plan

Hold office as Secretary in my 4-H Clover Keeper’s club
January-December 2009

Make a pinewood derby car
January-February 2009

Attend AHSL co-op classes and learn skills in survival skills, art, cooking, physical wellness, and speaking Spanish
January-February 2009

Shop for and buy a lamb for the 51st Annual Washington/Beaufort County 4-H and FFA Livestock Show and Sale
January 2009

Name, feed, and care for my lamb for May 4-H livestock show
January-May 2009

Study Zoology with Focus on Flying Creatures
January-December

Attend Sunday and Wednesday night Bible studies/Church Services
January-December 2009

Attend Monthly Pack 393 Cub Scout Meetings
January-December 2009

Attend Weekly Webelos II Cub Scout Meetings
January-December 2009

Attend Monthly 4-H Clover Keeper meetings
January-December 2009

Deliver Meals on Wheels as a community service project with my 4-H club
January 2009
Collect winter clothing for the needy as a Cub Scout Pack 383 Community Service project January 2009

Attend 4-H Awards Banquet January 2009

Race pinewood derby car at Pack 383
Pinewood derby race February 2009

Learn about the health benefits and History of Chocolate February 2009

Designed a stamp for the 4-H stamp contest February 2009

Learn about Drugs and Alcohol March 2009

Learn about electrical circuits March 2009

Learn about surveying land March 2009

Attend Cub Scout Blue & Gold Award Ceremony March 2009

Attend livestock show clinic April 2009

Hatch Chicken Eggs in Incubator and Learn about Embryology April 2009

Play baseball for Plymouth Little League April-June 2009

Participate in the 51st annual Washington /Beaufort County 4-H and FFA livestock Show and sale by showing a lamb May 2009
Shop for and purchase lambs to show in The Eastern Carolina Showmanship circuit

May 2009

Acquire a go-cart, learn driving & safety Skills

May 2009

Attend 4-H Science Camp

June 2009

Attend Edenton Steamers Baseball Camp & learn baseball skills

July 2009

Attend Cub Scout camp and learn Skills in knot tying, map and compass, First aid, Flag Etiquette, BB gun shooting and archery

July 2009

Attend State 4-H Presentations to support Presenters from our county

July 2009

Learn how to multiply, divide, add and subtract Fractions

August-December 2009

Attend 9 Eastern Carolina Showmanship Circuit shows with my lambs

August-October 2009

Pick out Chicken to show for the Farm City Day/4-H Chicken & Rabbit Show

September 2009

Work on Chicken Project Book for Farm City Day/4-H Chicken & Rabbit Show

October-November 2009

Make chocolate.

October 2009
Learn how to play the piano/start lessons  August-December 2009
Participate in Cub Scout Fundraiser  September-November 2009
Participate in co-op classes with AHSL and took classes on Zoology, Creative Writing, Art, Physical Education, Basketball, Football and Dodge Ball  September-November 2009
Hold yard sale as a fundraiser for trip to show Lambs at the State Fair  October 2009
Volunteer for Washington County 4-H as Window Decorator  October 2009
Attend NC State fair and show my lambs  October 2009
Visit Virginia Zoo and study animals  November 2009
Visit Gates County and study Beaver habitats  November 2009
Participate in Christmas Play and Musical with Church Youth Group  December 2009
Do a community service project for nursing home residents  December 2009
A separate Project Record should be completed for each project you did this year. List the specific things you learned and did in this project during the past year. List new knowledge you gained. Be sure to include the things you learned how to do. Use numbers to show how much you did, how many items you made, how much money you earned or saved, etc.

Note: This page should be completed for each project you have done this year. If a project record is included in your project book, complete the record and attach it to this sheet.

1. Things I Learned and Did in This Project
Example:
- How to write safety skit
- Went to 4-h Camp at Swannanoa—used safety rules
- Rode my bicycle in rodeos
- Learn bicycle safety rules
- Learn proper bicycle hand signals

   Researched the history of chocolate. Feb. 2009
   Learned the health benefits and uses of chocolate
   Learned how to make chocolate and made chocolate candy.
   Sampled different kinds of chocolate.

2. What was your favorite part of this project?
   My favorite part of this Project was making my own chocolate.

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3. Which goals from your planning sheet did you accomplish this year?  
List only those goals that relate to this project.

I accomplished all of my goals this year.

4. Did you "show or tell" any other people what you did in your project this year? If so, how? (family, "show and tell" at school, church, community, neighbors, friends, etc.)

I shared with my family and friends what I learned about the history of chocolate. And I shared the chocolate that I made with my family. I also took a survey what kind of chocolate people liked best.

5. Did other people help you with your project? If yes, how did they help?

Yes, my mother helped me by taking pictures of me.

(You may add additional pages)

**My Personal Touch:**  
Creating a Mini-Scrapbook

Use your creativity in this section to tell special things about your project in Section 2. You might include pictures, news clippings, drawings, collages, poems, or anything else you have collected or done in 4-H this project. (You may add up to six pages in this section. Note that each side of a page counts as one page)

Reminder: You may use additional pages for questions 4 and 5. Be sure that you follow the page guidelines for the Personal Touch Section. Attach a copy of your Personal Touch items to the 4-H Project Plan, My 4-H Story, and Project Record.

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How Chocolate is Made

The Cacao Pod

Vocabulary Words
How many tons of cocoa beans are harvested each year?

How many cocoa beans does it take to make a pound of bittersweet chocolate?

How many pounds of chocolate will come from a single tree?

Four Kinds of Chocolate
My Day as an M & M

The Cog Bar

Chocolate Survey

I took a survey of several people to find out what their favorite chocolate is.
I made my own chocolate from a kit! It was a lot of fun. I had to melt the cocoa butter, add the cocoa powder and sugar. Then it had to be the right temperature to "temper" the chocolate and add the chocolate starter crystals. I cooled the chocolate in the refrigerator and shared it with my family! It was delicious!
My 4-H Story

Hello, my name is ___________ and I am ten years old. I have been involved in 4-H for four years. I am homeschooled and live in ___________. I live with my Dad and Mom, two older sisters and my younger brother. I love to read, play baseball, ride my go cart and be active in my 4-H club and Cub Scouts. In Cub Scouts, my rank is Webelos II and I am currently working to earn my Arrow of Light. This is the highest ranking in Cub Scouts.

This year I attended 4-H Science camp and I had a great time. I learned many things such as how to shoot off rockets, how to program robots and about the properties of fiber. I also learned how to tie various knots, skills in first aid, and competed in BB gun shooting and Archery at Cub Scout Camp. I also showed lambs this year. I showed one for the 51st Annual Washington/Beaufort County 4-H show and sale. I won Grand Champion Junior Showmanship and Reserve Champion Market Lamb. I also showed three lambs in the Eastern Carolina Showmanship Circuit. During the circuit I traveled to nine different shows and eventually showed my three lambs at the N.C. State Fair in October. I won Sheep Super Show person two times at the State Fair! I also studied the history of chocolate and turned in a project book. That was a fun project because I got to make my very own chocolate. My latest project is participating in the Washington County Chicken and Rabbit show. I showed my seven month old, Black Maran hen and completed a project book. I feel like I’ve learned many new skills this year as well as added to skills I already had.

My favorite part of 4-H is showing lambs but I also really enjoy doing community service projects too. This year we delivered meals on wheels to people in our community. It felt really good to help out and it was nice to talk to the people we delivered food to. I also collected winter coats, hats, mittens and scarves for needy people in my county to help them stay warm during the winter. I did this as part of a Cub Scout project too. I also volunteered to help Ms. Rebecca, our county extension agent, to decorate a window with my sisters in downtown Plymouth. The window was decorated in the theme to celebrate 100 years of 4-H. Next month, in December, we will also visit the nursing homes in our county and hand out gifts as a community service project. I really like helping out in my community.

I really enjoy 4-H and look forward to being involved in 4-H for a very long time.