Summer Program Schedule Coming Soon!

All of the finishing touches and proofreading are almost complete for the 2010 summer program schedule, and hopefully within a few days, will be posted on our county 4-H website. Check it out and see what sparks your interest!

http://carteret.ces.ncsu.edu

County Activity Day – May 17, 6:30 PM

For members who have never taken the plunge and given a presentation, this is a great first step in overcoming your fears of public speaking. If you are giving a presentation CAD, call the 4-H office with the title or category of your presentation so that room assignments may be finalized. Parents, grandparents and friends are invited to be part of the evening event. If you have questions or need help with your presentation, do not hesitate to call. Those entering the poster contest should also bring your finished poster.

4-H Scrapbook Workshop

Do like scrapbooking? Do you enjoy getting together with other 4-Hers? Mark your calendar to help make pages for the county scrapbook and leave a part of 4-H history for future generations. You can be part of that by volunteering any or all of the following days:

- May 18 – 3:30-5:00
- May 19 – All Day
- May 20 – 8-5:00

Each day’s schedule is flexible and allows everyone to volunteer when it best works into your daily routine. Clubs are also encouraged to include their own pages. The book will be entered in the SED competition at District Activity Day. Let’s continue our six-year tradition of placing #1!

ATTENTION: County Council Meeting

Final County Council meeting before September is Monday night, May 3 at 6:30 p.m. County Council officers meet at 6:15 p.m. to complete the agenda.

SED 4-H Horse Show – May 22-23

The Southeast District Horse Show is May 22-23 at the Senator Bob Martin Agri Center near Williamston. Competition begins at 8:00 a.m. each day. To those competing, applications MUST BE postmarked by May 8. To assure you have the required signatures, it is suggested to come to the Extension office by May 6. For the schedule of events, go to the SED Horse website: http://www.sed4hhc.com/home.php. Good luck to all 4-Hers competing!

Courage doesn’t always roar. Sometimes courage is the quiet voice at the end of the day saying, “I will try again tomorrow.”

~ Mary Anne Radmacher
May 2010 – Clover Connections – 2

4-HERS & YOUTH

Application Resume Interview Essay (ARIE), Raleigh, July 19
Reminder: Applications are due in the Extension office no later than May 13. Don’t be late!

2010 4-H Photography Contest, Postmark by June 8
Reminder: The Deadline to submit entries is no later than June 8. Check the April newsletter for additional information.

Summer Camp at Betsy-Jeff Penn, July 4-9
Don’t be left behind...board the bus heading west to BJP 4-H Center if you are between the ages of 8-14. There are still openings. Just pay a $50 deposit and the balance may be paid in installments. Don’t delay – sign up today!

ATTENTION: Families With Special Needs
VIEW THE BLUE ANGELS' PRACTICE, May 21, 3-4 PM
This is a great opportunity for families with special needs to watch the Blue Angels without worrying about the crowds. Since this is a practice, there will be no narration until the night show or concession until after 4 p.m. The viewing area is close to the airfield and will likely be loud, so some may wish to bring earplugs. Special needs parking will be available inside the gate by VMR-1 with shuttle carts to take families to the viewing area and accommodates wheelchair needs. This area is free for the evening show and throughout the weekend. Cherry Point EFMP will need a rough count of how many plan to attend the showing in order to ensure that enough shuttle carts are available. Please RSVP as soon as possible to 466-3305 so they may make necessary arrangements. Heather 571-0254. For more information, go to: http://www.cherrypointairshow.com/

Host Families Still Needed for Japanese Exchange Students
Although the first deadline has passed, the state will continue to search for host families for those remaining on the list. Don’t forget this program IS NOT limited to 4-H families, but open to anyone interested in bringing a new culture into their home. Go to www.ces.ncsu.edu/ranolph/4hprogram/exchange/index.php for complete details.

CLUB REPORTS

Newport Road Runners 4-H Club – Submitted by George Blakely, club reporter
The Newport Roadrunners goat season has already started. Everyone showing a goat in the circuit this year has received their goats. We are continuing our on-going community service of bringing in toiletries and food for the Father’s House church in Newport.

Reminder: Club reporters – email club news to cindy_day@ncsu.edu or send to the Extension office by the 26th of each month for inclusion in the following month’s newsletter.

The happiness of your life depends upon the quality of your thoughts. Take care that you entertain no notions unsuitable to virtue and reasonable nature. ~ Marcus Aurelius

Follow Carteret County 4-H on twitter & facebook
SED Leaders Association Meeting – May 8

From – Gwindy Stewert, President <stewart@ec.rr.com>

With spring here, I know you are very busy working with your 4-H’ers on theirs projects. You may be working on talent shows, fashion reviews, and presentations, but you need take a Saturday for yourself to reconnect with other leaders in the Southeast District. I always find I get energized being around others that share my love for helping youth. The SED Leaders Association will meet May 8 from 10-2:00 at Craven County Cooperative Extension Office, 300 Industrial Drive, New Bern (Take the Clarks Rd Exit off of Hwy 70 and take the first road on the right – office is on the left approximately ½ mile.

If you are new to 4-H, you may not have heard about the Achievement in Continuing Education (ACE) Training. This is a structured program to help adults sharpen your skills as a 4-H volunteer leader. The learning module on ‘Speaking in Public’ will be offered at this meeting. With District Activity Day coming up it seemed the right time to provide this training. Our hope is you will pick up some tips to help 4-Hers prepare for presentations. We will also begin preparation for the State Leader’s Conference scheduled for February. Our responsibilities in 2011 are the Country Store and auction. It’s a big task and will require us to work closely together all year. At the meeting, we will use scraps, ribbons, buttons and bows to decorate gift bags and ask that everyone contribute $2 for supplies. Lunch will be covered dish. Please bring something to share. Hope to see everyone there.

On the Agenda for the business meeting will be:

- District Activity Day – Using this event to promote the NC Volunteer Leaders Association and raise money for our projects
- State 4-H Service Project – ‘Hungry to Help’
- State 4-H Conference – February 2011
- Other Upcoming Events

STATE 4-H INFORMATION

4-H: Hungry To Help Initiative

We’ve all heard the old adage, “An apple a day keeps the doctor away.” Well, it’s true – nutritious food is good medicine. Food is one of our most basic needs. Along with oxygen, water, and shelter, it is necessary for human survival. In a nation as affluent as the United States, no child should go hungry. Yet, everyday hunger disrupts the lives of 1 in 5 children in North Carolina.

To combat hunger the NC 4-H Youth Development program and the Food Banks of North Carolina, all of which are affiliates of Feeding America™ our nation’s largest hunger-relief organization, have teamed up to promote awareness of hunger in North Carolina and to make an impact in local communities through a new hunger awareness initiative entitled “Hungry to Help.” According to Dr. Marshall Stewart, State 4-H Leader, the “Hungry to Help” initiative will officially kickoff during 4-H Congress in July 2010. Exciting plans are underway to prepare 4-H’ers, 4-H volunteers and alumni to host a variety of hunger awareness programs in their local communities and to prepare participants to be citizen leaders for hunger relief.

The best part of this initiative, ALL of the food collected in Carteret County will be donated to food pantries in the county who are a member of the Central & Eastern NC Food Bank. More information will come later. To read more, go to our website.

WILDLIFE PROJECTS

28th Annual Fur, Fish ’n Game Rendezvous, June 20-25

Boys and girls ages 12-15, would you like a once in a lifetime outdoor learning experience? Make plans to attend Beginning Fur, Fish ’n Game Camp at Millstone 4-H Camp near Ellerbe, June 21-25. The camp is designed to give participants a better understanding of our natural resources and how we interact with them. Registration is $325 and space is limited. Campers will study natural resources, create an outdoor ethic, learn outdoor recreation skills, falconry, bird dogs, trapping, wildlife identification, taxidermy, first aid, canoeing, fishing, a low-ropes course, swimming, and much more! There is also an opportunity for campers to earn the hunter safety certification. Questions should be directed to Renee Strnad at 919-515-5518 or Millstone 4-H Center at 910-652-5905. Registration forms and additional information is available at www.ces.ncsu.edu/forestry/ffng.htm.

FROM THE AGENT

May is time to recognize our mothers and I would like to send special appreciation to all of those who support our youth and help to contribute to their success through 4-H. We do have a couple of dads who are club leaders and many men involved at the club and county level, but Carteret County is like most of the nation, with mothers taking the lead in starting and maintaining 4-H clubs. It does take everyone working together to contribute to the success of 4-H and teaching life skills, as well as being a role model, but because of volunteer’s selflessness, they are the glue that holds the club together. 4-Hers, don’t forget to let them know how much you appreciate all that they do…and don’t forget to give your mom and extra hug and kiss on Mother’s Day!

I would like to thank everyone who volunteered at the Newport Pig Cookin’ this year. That is a huge undertaking for the community and without many hands, the work would not be easily accomplished. A special thank you to all of those who stepped up to the plate at the last minute when we were short volunteers.

The SED Teen Retreat was one of the best and our teens were great! Thanks go to our district officers and agent advisors for the planning and teaching. Our very own Hannah Davis, district reporter, is a part of that team. It is always encouraging to hear the positive comments from other agents. This year was the first retreat to include the expanded district. One comment from a person new to our district was how well behaved everyone was and how nice to not worry about what the teens were doing when it was time to settle down for the night. Once again, this solidifies that the SE District is the BEST!
The life given us by nature is short, but the memory of a life well spent is eternal.
~ Cicero
### MAY
- **3** County Council, 6:30 PM
- **12** Ambassador Portfolio & ARIE Due
- **17** County Activity Day, 6:30 PM
- **18-20** County Scrapbook Workdays
- **20** Electric Workshop, Pitt County, 2:00 PM
- **22** Livestock Judging Clinic
- **22-23** SE District Horse Show
- **31** Holiday – Extension Office Closed

### JUNE
- **14-16** NC 4-H Citizenship Focus
- **18** District Activity Day, Johnston County
- **21 & 28** CC Officers Volunteer at Hope Mission, 10:00 AM
- **21** BJP 4-H Camp Meeting, 7:00 PM
- **29** Deadline to Sign Up & Pay for Congress
- **29** NC 4-H Livestock Judging Contest
- **30** NC 4-H Skillathon & Quiz Bowl Contest

### JULY
- **4-9** 4-H Summer Camp at BJP
- **5** Holiday – Extension Office Closed
- **12-14** NC 4-H Electric Congress
- **19-22** NC 4-H Congress

### AUGUST
- **TBA** Pool Party

### SEPTEMBER
- **TBA** Lock-In
- **6** Holiday – Extension Office Closed
- **7** County Council Meeting, 6:30 PM
- **11** Make It With Wool, Cabarrus County
- **25-26** 4-H Shooting Sports Tournament

### OCTOBER
- **TBA** Favorite Food Show
- **4** County Council Meeting, 6:30 PM
- **12** Ambassador Portfolios Due
- **12-13** Coastal Carolina Ag Fair Check-In
- **14-23** Coastal Carolina Ag Fair
- **14** NC State Fair Opens
- **22-23** Fall Shooting Sports Training, Millstone
- **27** Deadline to Sign-up for State Council Conf

### NOVEMBER
- **1** County Council Meeting, 6:30 PM
- **20-21** State Council Conference

### DECEMBER

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North Carolina State University and North Carolina A&T State University commit themselves to positive action to secure equal opportunity regardless of race, color, creed, national origin, religion, sex, age, veteran status or disability. In addition, the two Universities welcome all persons without regard to sexual orientation.